

LIVE-IT! PERSONAL ENRICHMENT PROGRAMS **MEETING COMMUNITY INTERESTS**

A Special Invitation for You to Spend More Time On Yourself!

The Southwest Virginia Technology Development Center offers a variety of programs for learners of all ages who want to explore an interest area, learn a new skill or enrich their personal or professional lives. Many offerings are both educational and just plain fun. Take charge of your own development by taking a LIVE-IT program.

SPRING 2010 PROGRAMS

Tax Basics for Beginners

January 25

Most people hate doing their taxes. Enroll and you'll be on the way to freedom from the complexity of taxes. No prior tax experience required.

Quicken

February 1

Spend Smarter. Save More. Live Richly. Get the details on how to use the #1 rated personal finance software.



Quicken

Managing your Career - 3 Easy Steps:

(1) Explore a Career Option

February 9

Explore your own natural abilities, research industry trends and discover career alternatives to make informed career decisions.

(2) Marketing You: Resume Building, Employment Letters, Interviewing Skills

February 16

Prepare a targeted marketing plan to attract employers.

(3) Job Hunting Strategies

February 18

Examine research tools to find job leads, salary information and more.

Brownie Try-Its: "Point, Click and Go" and "Computer Smarts"

February 15

Attention all Brownies, come earn the "point, click and go" and "computer smarts" Try-Its badges. Brownies will learn how fun it is to use the computer and how computers help bring ideas to life. Girls must be at the Brownie Level to attend.



**SOUTHWEST VIRGINIA
TECHNOLOGY
DEVELOPMENT CENTER**

Operated by The University of Virginia's College at Wise

Visit www.svtcd.org or call 276-889-8180.



Cub Scouts Academics Program – Developing the Mind

March 1

Attention all Cub Scouts come and earn a computers belt loop and academic pin. Cub Scouts will develop their abilities to think, solve problems and have FUN using the computer.

* Webelos Scouts that earn the Computers Belt Loop also satisfy requirement 14 for the Communicator Activity Badge.

Hunter Education Certificate Course **March 9 - 11**

This course is mandatory for first time hunters and hunters 12 to 15 years of age before buying a hunting license and to present the course completion certificate when the license is purchased. This course is even great for licensed hunters to brush up on hunter safety, principles of conservation, and sportsmanship! Please note there is a fee for this course.

The Basics of Genealogy on the Web **March 15**

Learn how to use the web to find information about your ancestors.

Boating Safety Education Course **March 22**

Don't miss this chance to take this approved boating safety course. All PWC operators 35 years old and younger must complete an approved and accepted boating safety course by July 1, 2010. Please note there is a fee for this course.

Running 101: Introduction to Running **March 29**

If you are new to running or just want to know more about it, this is the perfect program for you.

Performance Coaching **April 12**

Improving the confidence and effectiveness of employees requires a skilled coach. This program provides managers, supervisors and team leaders' skills and techniques for coaching for peak performance.

Information Security 101: Protecting your Personal PC Network **April 19**

Do you find the idea of securing your broadband network daunting? Do you frequently ask yourself "Is my network as secure as it needs to be?" Then this is the program for you.

Money 101 - Essential Money Skills **April 26**

A step by step guide to gaining control of your financial life.



FEE:

TIME:

REGISTRATION:

LOCATION:

Classes are open to all individuals. \$10 per program

6:00 pm – 8:00 pm

Please call 276-889-8180 or visit www.svtdc.org

Southwest Virginia Technology Development Center

141 Highland Drive, Lebanon, VA

**For a complete spring 2010 schedule of LIVE-IT programs,
visit www.svtdc.org or call 276-889-8180.**

All programs are subject to minimum enrollment requirements.